



September

2026 - NCS

Hello Fall

Secondary Grab & Go Menu

Monday Main Line Meal Available

Tuesday Hamburger, Cheeseburger, or Bacon Cheeseburger & Seasoned Fries

Wednesday Beef & Cheddar Empanadas
Cilantro Rice, Queso & Chimichurri



Thursday Hand breaded Chicken Tenders
(Plain or Honey Chipotle)
Seasoned Fries

Friday Main Line Meal Available

Additional Daily Grab & Go (All Grades)

• Marinated Grilled Chicken With Menu Sides



* Baked Potato Bar (Chopped Chicken or Bacon),
Sour Cream, Shredded Cheese, Butter & Chives.

* Ham, Turkey or Sun Butter & Jelly Deli
Sandwiches

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 Chicken Ramen Glass Noodles, Fried Egg, Cucumber Salad & Pot Sticker or All Beef Hot Dog, Roasted Potato Wedges , Fresh Fruit	1 Chicken & Sausage Jambalaya Or Smash Burger, Zucchini Fresh Fruit	2 Pasta Bar Nut Free Basil Pesto or Marinara Grilled Chicken, Mushrooms Garlic Bread Broccoli, Fresh Fruit	3 Chicken & Waffles Cinnamon Brown Sugar Waffles Eggs or Vegetable Crispy or Grilled Tenders Fresh Fruit	4 Pizza Day Cheese or Pepperoni Kale & Romaine Caesar Salad Fresh Fruit Premium Meal \$8 Salmon & Seasoned Rice
7 	8 Crispy Chicken Nuggets Grilled Nuggets Mashed Potatoes YCC Dipping Sauce Roasted Cauliflower Fresh Fruit	9 Spaghetti & Meat Sauce Fresh Vegetable Cheese Bread Fresh Fruit	10 Regular or Fun Fetti Pancakes Sausage Links, Brown Sugar Oatmeal or Green Beans Fresh Fruit Steak Kabobs Marsala Sauce, Roasted Potatoes	11 Italian Stromboli (Pizza Roll) or Beef Stroganoff Fresh Vegetable Fresh Fruit
14 Crispy Chicken Nuggets Grilled Nuggets YCC Dipping Sauce Baked Fries Fresh Vegetable Fresh Fruit	15 Teriyaki Grilled Chicken Or Mini Corn Dogs Fried Rice Broccoli Fresh Fruit	16 Cheese Quesadillas Chicken Quesadillas Black Bean, Fresh Vegetable Fresh Fruit Premium Meal \$8 Baja Shrimp Tacos	17 French Toast Sticks, Steamed Carrots Sausage on a stick Fresh Fruit Or Chicken Philly Sub	18 Pizza Day Cheese or Pepperoni Kale & Romaine Caesar Salad Fresh Fruit Or Bone-in Chicken Wings (Hot Honey or Texas Rubbed)
21 Popcorn Chicken Tater Tots Fresh Vegetable Fresh Fruit	22 Ground Beef Tacos Birria Taco w/ Consume Spanish Rice Fresh Vegetable Fresh Fruit	23 Mac & Cheese Bar Grilled Chicken, Bacon or Crispy Hot honey Chicken Focaccia bread Fresh Vegetable Fresh Fruit	24 Mini Homemade Biscuits Bacon, Roasted Potatoes, Grilled Vegetables Fresh Fruit or Chicken Enchiladas	28 Fish Sticks, Coleslaw Waffle Fries ,Tarter Sauce Fresh Fruit Build your own Steak Fajita bowl Cheese sauce, Corn & Bean Blend, Seasoned Rice, Marinated Steak
28 Sweet & Sour Chicken All Beef Hot Dog Shrimp Fried Rice Charred Cabbage Fresh Fruit	29 Ultimate Nachos Ground Beef, Cheese Sauce, Tortillas Chips, Toppings: Sour Cream, Mango Pico, Pickled Jalapenos Or Pulled Pork Sliders & House Chips	30 Pasta Bar Alfredo or Red Sauce Grilled Chicken or Meatballs Mushrooms, Garlic Bread Broccoli, Fresh Fruit	.	.

✓ **PreK - 5th Grade Includes:**
Fruit & Vegetable

● **OTHER DAILY OPTIONS**
Gluten Sensitive Meals

✓ **6th -12th Grade Includes:**
Fruit or Vegetable

☀ **NOTES**
It's almost Fall ☺