

OCTOBER 2025

SECONDARY NCS

DAILY GRAB & GO

<u>Monday</u> Sandwich Bar
<u>Tuesday</u> Shrimp Basket
<u>Wednesday</u> Grilled or Crispy Chicken Sandwich
<u>Thursday</u> Burger Day
<u>Friday</u> Chicken Tenders

		1 Chicken Fettuccine Brussel Sprouts Focaccia Bread	2 Chicken & Waffles Hashbrowns Baked Cinnamon Apples	3 Quesadillas (Chicken or Cheese) Mexican Cole Slaw Grapes
6 Chicken Fried Chicken Mac & Cheese Cauliflower	7 Birria Tacos Brown Rice Black Beans	8 Pasta Bar Grilled Chicken, Penne Pasta, Broccoli, Garlic Toast, Tomato Basil Sauce, Alfredo Sauce	9 Meatball Sub Tater Tots Carrots or Chicken Makhani w/ Basmati Rice	10 FALL BREAK
13 FALL BREAK	14 FALL BREAK	15 Mac & Cheese Bar Grilled Chicken Bites or Maple Bacon Squash Honey Brown Butter Sage Bread	16 Build Your Own Bowl Tender Steak or Chicken Herb Rice, Queso, Pico Corn & Bean Blend	17 Cheese Pizza Pepperoni Pizza House Salad Mini Slice of Pumpkin Bread
20 Baked Potato Bar Chopped BBQ Chicken (Toppings On The Side) \$8 Premium Meal Chopped Brisket Potato	21 Balsamic Grilled Chicken Bites Garlic Mashed Potatoes Sweet Peas	22 Nut Free Creamy Pesto Bowtie Pasta Grilled Chicken Ceasar Salad Focaccia Bread	23 Chicken & Sausage Gumbo Green Beans Jasmine Rice Sweet Cornbread	24 Grilled 3 Cheese or Pepperoni & Pesto Sandwich w/ Tomato Basil Soup Oranges
27 Warm Turkey Sliders Homemade Chips Grapes \$8 Premium Meal Jalapeno Popper Burger	28 Chicken Enchiladas Lima Beans Herb Rice	29 Spaghetti & Meatballs Red Sauce Broccoli Herb Dinner Roll	30 Breakfast Tacos Bacon, Egg & Cheese Roasted Potatoes Red Apple Slices \$8Premium Meal Salmon, Spinach Roasted Potatoes	31 Pizza Calzone House Salad Oranges

OTHER DAILY OPTIONS: BAKED POTATO BAR , VEGETABLE ENTREE’S, & GLUETEN SENSATIVE MEALS