

OCTOBER 2025
ELEMENTARY NCS

DAILY GRAB & GO

INCLUDES FRESH VEGETABLE
AND SMALL FRUIT CUP

Sunbutter & Jelly on Wheat
Ham Sandwich on Wheat
Turkey Sandwich on Wheat

		1 Chicken Fettuccine Brussel Sprouts Focaccia Bread	2 Waffles Bacon Hashbrowns Baked Cinnamon Apples	3 Quesadillas (Chicken or Cheese) Mexican Cole Slaw Grapes
6 Grilled or Fried Chicken Nuggets Mac & Cheese Cauliflower	7 Ground Beef Tacos Brown Rice Black Beans Grapes	8 Pasta Bar Grilled Chicken, Penne Pasta, Broccoli, Garlic Toast, Tomato Basil Sauce, Alfredo Sauce	9 Pancakes, Eggs, Chicken Sausage, Carrots, Oranges	10 FALL BREAK
13 FALL BREAK	14 FALL BREAK	15 Mac & Cheese Bar w/ Maple Bacon Squash Honey Brown Butter Sage Bread	16 French Toast Sticks Bacon, Spinach Pineapple Chunks	17 Cheese Pizza Pepperoni Pizza House Salad Mini Slice of Pumpkin Bread
20 Baked Potato Bar Chopped BBQ Chicken Cheese, Bacon, Sour Cream, Chives \$8 Premium Meal Chopped Brisket Potato	21 Balsamic Grilled Chicken Bites Garlic Mashed Potatoes Sweet Peas Grapes	22 Nut Free Creamy Pesto Bowtie Pasta Grilled Chicken Ceasar Salad Focaccia Bread	23 Pigs in a Blanket Brown Sugar Cinnamon Oatmeal Red Apple Slices	24 Grilled 3 Cheese or Pepperoni & Pesto Sandwich w/ Tomato Basil Soup Oranges
27 Warm Turkey Sliders Homemade Chips Ants on a Log (Made w/Sunbutter) \$8 Premium Meal Jalapeno Popper Burger	28 Grilled or Fried Chicken Nuggets Lima Beans Sweet Corn	29 Spaghetti & Meatballs Red Sauce Broccoli Herb Dinner Roll	30 Breakfast Tacos Bacon, Egg & Cheese Roasted Potatoes Red Apple Slices \$8Premium Meal Salmon, Spinach Roasted Potatoes	31 Ham & Cheese Pizza Pocket House Salad Oranges

OTHER DAILY OPTIONS: BAKED POTATO BAR , VEGETABLE ENTREE’S, & GLUETEN SENSATIVE MEALS