

SEPTEMBER 2025

SECONDARY NCS

DAILY GRAB & GO

Monday Sandwich Bar
Tuesday Shrimp Basket
Wednesday Grilled or Crispy Chicken Sandwich
Thursday Burger Day
Friday Chicken Tenders

1 No School	2 Cheese Quesadilla or Chicken Quesadilla Pinto Beans Elote Corn Salad Red Apple Slices	3 Pasta Bar Grilled Chicken Bowtie Pasta Alfredo Sauce, Red Sauce Breadstick, Broccoli	4 Honey Butter Biscuit Chicken Sausage Breakfast Potatoes Grapes \$8 Premium Meal Tender Steak, Spinach & Potatoes	5 Teriyaki Grilled Chicken Bites White Rice Green Beans
8 Grilled or Fried Chicken Nuggets Tater Tots Veggie Sticks	9 Sloppy Joes or All Beef Mini Corndogs Mac & Cheese Pineapple Chunks	10 Chicken Spaghetti Rose House salad Focaccia Bread	11 Orange Chicken Steamed Rice Asian Green Beans Vegetable Eggroll	12 Cheese Pizza Pepperoni Pizza House Salad Mini Dairy Free Strawberry Smoothie
15 Tender Sliced Beef Lo Mein Noodles Snap Peas or Chicken Lasagna	16 Chicken Fajita Tacos Spanish Rice Zucchini Grapes	17 Spaghetti & Meatballs Red Sauce Broccoli Breadstick	18 French Toast Sticks Chicken Sausage Sweet Peas Pineapple Chunks	19 All Beef Hot Dog Coleslaw House Chips \$8Premium Meal Salmon, Green beans Rice Pilaf
22 Grilled or Fried Chicken Nuggets Mashed Potatoes Sweet Corn	23 Nachos & Queso w/Ground Chicken Mango Pico (ots) Black Beans Red Apple Slices	24 Pasta Bar Grilled Chicken Penne Pasta Alfredo Sauce, Red Sauce Breadstick, Broccoli	25 Cheese Pizza Pepperoni Pizza House Salad	26 National Pancake Day Chocolate Chip or Plain Pancakes Bacon Glazed Carrots Oranges
29 Hamburger or Cheeseburger Waffle Fries Red Apple Slices	30 Chicken Gryos Pasta Salad Grapes	.	.	.

OTHER DAILY OPTIONS: BAKED POTATO BAR , VEGETABLE ENTREE’S, & GLUETEN SENSATIVE MEALS