

INSTRUCTIONS-SQUAREKNOTBRAID



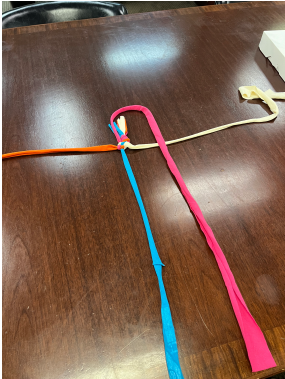
CLEAN T-SHIRT OR FLEECE

FABRIC SCISSORS

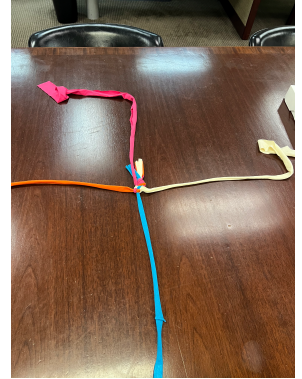
STRETCH YOUR STRIPS ARE MUCH AS POSSIBLE - PULL HARD

THIS BRAID MAKES A SQUARE SHAPE

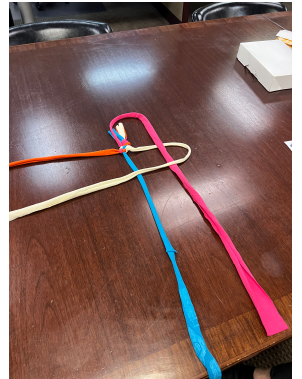
1. TAKE 4 CUT -STRIPS AND TIE OFF ONE END MAKE A CROSS (+) WITH YOUR 4 PIECES



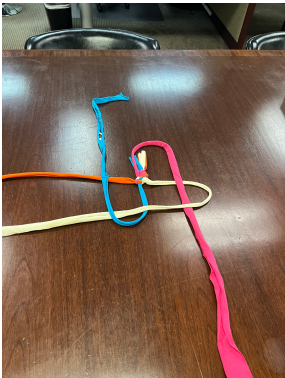
2. FOLD THE TOP STRIP TOWARD THE BOTTOM, CROSSING OVER RIGHT



3. FOLD THE RIGHT STRIP TOWARDS THE LEFT, PASSING



4. TAKE THE BOTTOM STRIP UP AND OVER THE LEFT



5. LEFT STRIP UP AND *UNDER* THE FIRST STRIP



6. PULL TIGHT AND REPEAT. SHOULD LOOK LIKE A SQUARE.

VIDEO - <https://www.animatedknots.com/crown-sinnet-knot>

DIY Dog Rope Toy



Supplies:

Clean t-shirts

Fabric Scissors

Ruler



INSTRUCTIONS

Cut t-shirt or fleece into strips

Strips should be 2 inches wide by about 24" long

Using a t-shirt, lay flat on table. Start at bottom.
Measure 1.5" and cut horizontally across shirt

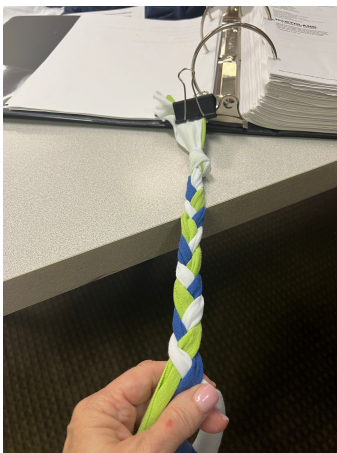
Keep cutting until you reach the arms as shown.

Cut each loop to make one long strip.
If there are seams on the sides, cut at one of the seams.

Take 3 strips, tie off at one end
Braid the strips and tie off at other end.

Take 3 braided strips and tie off at one end.
Braid into one larger strip and tie off.

Should resemble photos.



Hints:

Use different colors in your braids to make it fun.

Stained shirts work fine.

Tie your knots about 2" from the end and pull tight.

When braiding, don't stretch the material too tightly. The braids will be skinny.

Find something to hold the end while you braid. See pics or use a closed drawer to hold.

**2 ropes = 1 hour
Limit 10 hours**

**Need shirts to use?
See Mrs. Domingue**