

### COUGAR CAFÉ (MAIN ENTRÉE)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 NO  SCHOOL	2 FRIED OR GRILLED CHICKEN SANDWICH HOMEMADE CHIPS FRESH VEGETABLE FRESH FRUIT	3 3 CHEESE RAVIOLI W/ MARINARA OR ROMANO CHEESE SAUCE BREADSTICK FRESH VEGETABLE FRESH FRUIT	4 BREAKFAST FOR LUNCH HOMEMADE FRENCH TOAST STICK BACON BREAKFAST POTATOES FRESH FRUIT	5 PEPPERONI OR CHEESE PIZZA FRESH VEGETABLE FRESH FRUIT
8 GRILLED CHEESE SANDWICH PASTA SALAD FRESH VEGETABLE FRESH FRUIT	9 BOURBON CHICKEN BITES ROASTED POTATOES GREEN BEANS FRESH FRUIT	10 PASTA BAR ALFREDO OR RED SAUCE PENNE PASTA, GRILLED CHICKEN FRESH VEGETABLE FRESH FRUIT	11 BREAKFAST FOR LUNCH PANCAKES, BACON EGG BITE FRESH FRUIT	12 BBQ CHICKEN BITES MAC & CHEESE FRESH VEGETABLE FRESH FRUIT
15 TURKEY & CHEESE PINWHEEL HOMEMADE CHIPS CUCUMBER SALAD FRESH FRUIT	16 GROUND BEEF TACOS SPANISH RICE RED KIDNEY BEANS FRESH FRUIT	17 SPAGHETTI & MEATBALLS GARLIC BREADSTICKS FRESH VEGETABLE FRESH FRUIT	18 BREAKFAST FOR LUNCH CHICKEN AND WAFFLES CHERRY PINEAPPLE FRUIT SALAD	19 PEPPERONI OR CHEESE PIZZA FRESH VEGETABLE FRESH FRUIT
22 ALL BEEF HOT DOGS BAKED BEANS ROASTED RHUBARB & BEETS FRESH FRUIT	23 CHICKEN FRIED CHICKEN BITES HERB MASHED POTATOES GRAVY (OTS) FRESH VEGETABLE FRESH FRUIT	24 TENDER TERIYAKI STEAK BITES JASMINE RICE FRESH VEGETABLE FRESH FRUIT	25 BREAKFAST FOR LUNCH HONEY BUTTER BISCUIT EGGS, SAUSAGE FRESH FRUIT	26 CHICKEN QUESADILLAS BLACK BEANS FRESH VEGETABLE FRESH FRUIT
29 HAMBURGER OR CHEESEBURGER FRENCH FRIES FRESH VEGETABLE FRESH FRUIT	30 TENDER MONGOLIAN BEEF & BROCCOLI (SAUCE ON THE SIDE) JASMINE RICE FRESH FRUIT			<b>NOW OFFERING BAKED POTATOES</b> <b>DAILY</b> <b>TOPPINGS AVAILABLE:</b> <b>SOUR CREAM, BACON, CHEESE,</b> <b>BUTTER AND CHIVES</b>

### TEXAS GRILL (GRAB & GO)

#### DAILY

- Sun Butter and Jelly Sandwich
- Ham Sandwich on Whole Wheat
- Turkey Sandwich on Whole Wheat
- Texas Rubbed Chicken Sandwich

#### FLAVORS OF THE MONTH

- Cilantro
- Rhubarb
- Asparagus
- Red Kidney Beans

**EXECUTIVE MANAGER**  
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**LOCAL VENDORS**  
 The Common Market #44  
 Farms

Fruits and vegetables provided by the local  
 Atkinsons farm



*Gluten-free options available everyday including bun substitution and gluten-free pasta. In addition to this menu, we offer snacks, healthy snacks and beverages.*