

MEDICATION POLICY FOR NCS

In order to provide a safe school environment for students that require scheduled and/or unscheduled medications (over the counter) the following procedures must be followed:

- Students that require scheduled medication administration in the school setting must have a parent or legal guardian bring the medication to the school nurse directly for processing.
- Permission/Consent to administer medication forms must be signed by the parent or legal guardian and reason for the medication should be discussed with the school nurse. All medications should be FDA approved.
- No herbal supplements, vitamins/minerals, homeopathic preparations, essential oils or dietary supplements will be administered unless FDA approved. Students shall not be in possession of medications. The only exceptions are pre-approved by the school nurse (exceptions: Inhalers, Epi-pens, diabetic supplies).
- Over the counter medications brought to school for students such as Tylenol, Motrin, etc. should be in an unopened container and not expired. Manufacturers guidelines for administration of over the counter medication will be followed. A physician's order is required for dosages above the manufacturer guidelines.

Please contact **Olga Nelson BSN RN** for any questions regarding medication administration at Northland Christian School at 281-587-6415 or onelson@northlandchristian.org

GUIDELINES FOR KEEPING SICK STUDENTS HOME FROM SCHOOL:

A sick child who is unable to participate in school activities should be kept home to rest and recover until symptoms resolve.

Keeping sick children at home while they are sick also prevents the spread of communicable diseases such as for example the flu or stomach viruses.

- A fever is defined as a temperature equal or greater than 100.0. A child must remain at home until he/she is fever free for 24 hours without fever reducing medication such as Tylenol or Motrin.
- Vomiting or diarrhea: a child with diarrhea or vomiting should remain at home until symptom free for 24 hours.
- Pink eye (Conjunctivitis): Following a diagnosis of pink eye, a child should not return to school until he/she has taken the prescribed medication for at least 24 hours.
- Head Lice: Students with active head lice should not attend school unless he/she has been treated. Parents should continue to monitor their child for recurrence of lice.

If you take your child to a healthcare provider for evaluation of illness or injury please send a note to the School Nurse in the event your child needs accommodations at school.

As parents and faculty we can work together to minimize the spread of infectious disease among students. Please notify the school nurse of any illness or injury at 281.587.6415 or email onelson@northlandchristian.org. All information is kept confidential.

COVID GUIDELINES

The following guidelines for Covid come from the Health Department:

- Any student or staff member that tests positive for Covid and has symptoms (**fever, chills, cough, headache, fatigue, shortness of breath, new loss of taste or smell, sore throat, congestion, stomach ache, diarrhea, nausea and/or vomiting**) Should isolate for 5 days from the start of symptoms and or positive Covid test.
- Please notify the School Nurse if your child tests positive for Covid.
- Anyone that tests positive and has symptoms must be fever free for 24 hours (without medications such as Tylenol or Advil) before returning to school.
- Please encourage/teach your children to wash their hands and never touch their face.
- If you have a family member that tests positive for Covid please isolate yourselves from that person if possible and wear a mask.
- All positive tests should be reported to the School Nurse.
- Any student or staff with a positive Covid test may return earlier than the 5 days with a negative Covid test provided that you do not have symptoms.