

# SECONDARY MENU SEPTEMBER 2023

# **COUGAR CAFE (MAIN ENTREE)**

	•	9.00	AN INC. AND THE	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 PERUVIAN ROASTED CHICKEN RICE PILAF FRESH VEGETABLE
SCHOOL HOLIDAY	TACO TUESDAY GROUND BEEF TACO PINTO BEANS MEXICAN RICE FRESH FRUIT (VEGETABLE PROTEIN AVAILABLE)	PASTA BAR ALFREDO OR RED SAUCE PENNE PASTA, SAUSAGE, CHICKEN, OR SHRIMP+ \$2 BROCCOLI, GARLIC BREADSTICK	7  COUGAR BOWL:  POPCORN CHICKEN  CORN, MASHED POTATOES  CHEDDAR CHEESE & GRAVY	PIZZA DAY PEPPERONI OR CHEESE PIZZA CAESAR SALAD, FRESH FRUIT OR SALMON, RICE PILAF, FRESH VEGETABLE \$8.00
ORANGE CHICKEN LO MEIN NOODLES FRESH VEGETABLE HOMEMADE EGGROLL	TURKEY MEATLOAF PATTIES  MAC & CHEESE  FRESH VEGETABLE	BAKED POTATO BAR BBQ BRISKET OR CHOPPED TURKEY SOUR CREAM, CHEESE, CHIVES, BACON, & BBQ SAUCE FRESH VEGETABLE	BREAKFAST FOR LUNCH HOMEMADE FRENCH TOAST S, EGGS, BACON OR TURKEY SAUSAGE, & FRESH FRUIT OR KICKIN' GRILLED CHICKEN, RICE PILAF, & FRESH VEGETABLE \$8.00	FRESH FISH STICKS HOMEMADE TARTER SAUCE HAWAIIAN ROLL, FRESH VEGETABLE FRESH FRUIT OR PULLED PORK SLIDERS & BAKED BEANS
CHICKEN CACCIATORE HERB RICE CAULIFLOWER FRESH FRUIT	TERIYAKI STEAK ASIAN VEGETABLE BLEND JASMINE RICE HOMEMADE EGG ROLL	PASTA BAR ALFREDO OR RED SAUCE PENNE PASTA, SAUSAGE, CHICKEN, OR SHRIMP+ \$2 BROCCOLI, GARLIC BREADSTICK	21  LEMON BUTTER CHICKEN PICCATA RICE PILAF FRESH VEGETABLE	PIZZA DAY PEPPERONI OR CHEESE PIZZA CAESAR SALAD, FRESH FRUIT OR SALMON, RICE PILAF, FRESH VEGETABLE \$8.00
25 CHIMICHURRI STEAK OR CHICKEN ROASTED POTATOES FRESH VEGETABLE	26 CHICKEN QUESADILLAS MEXICAN RICE BLACK BEANS	27 BBQ BRISKET OR PULLED PORK SLIDERS MAC & CHEESE FRESH VEGETABLE	CHICKEN & WAFFLES FRESH FRUIT OR SALMON, RICE PILAF, FRESH VEGETABLE \$8.00	29 LASAGNA, BREADSTICK KALE & ROMAINE CAESAR SALAD OR KICKIN' GRILLED CHICKEN, RICE PILAF, & FRESH VEGETABLE \$8.00

## **WEEKLY GRAB & GO**

### MONDAY

Fried Shrimp Basket Calzones Fries

#### **TUESDAY**

Breaded Chicken Sandwich Spicy Chicken Sandwich Texas Rubbed Chicken Club Grilled Chicken Sandwich Waffle Fries

#### **WEDNESDAY**

Nachos & Queso Steak Fajita Bowl Vegetable Fajita Bowl

#### **THURSDAY**

Hand-Formed Burgers Regular, Cheese, or Bacon & Cheese French Fries Jumbo Pretzels

#### FRIDAY

Hand-Breaded Chicken Tenders Signature Sauces Bone-In Wings (Buffalo, Plain, and Chili Lime) French Fries

Signature Entrée Salads Offered Daily \$7.00 Garden Salad Offered Daily \$3.50 Variety Wraps Offered Daily \$5.75

### **FLAVORS OF THE MONTH**

Basil Cauliflower Mangos Pinto Beans

EXECUTIVE MANAGER

Gabriel McKnight (832) 413-4097

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LOCAL VENDORS
The Common Market #44 Farms

Fruits and vegetables provided by the local Atkinsons

