

-----cut along dotted line-----keep top portion (menu) at home-----turn order form in with check-----

# Northland Christian School Menu Order Form: SEPTEMBER 2010

## PRESCHOOL / FULL CARE

Child's Name \_\_\_\_\_ Teacher: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent's Name: \_\_\_\_\_ Daytime Phone: \_\_\_\_\_

Parent's Email Addy: \_\_\_\_\_

### LUNCH

#### Tiny Tots(Preschool) Lunch(Pre K Classes)

September (21 days) is \$78.75 OR \$3.75 x \_\_\_\_\_ Days = \$ \_\_\_\_\_ Check # \_\_\_\_\_

PARENTS: Please turn order forms in to  
School office by Aug.31st or mail  
to The Healthy Lunch Box @ 614 West Greens  
Houston 77067 #281-444-8444

**ALL FULL CARE LUNCH INCLUDED IN TUTION:FULL CARE GETS HOT LUNCH ONLY**

**ATTENTION PARENTS: VERY IMPORTANT!!!**  
**PLEASE SELECT LUNCH DATES BELOW BY CIRCLING "Lunch" !!**

*Keep (Top) MENU at home on refrigerator - Turn in completed ORDER FORM w/check*

Wed. Sept. 1 Hot Lunch  
Thur. Sept. 2 Hot Lunch  
Fri. Sept. 3 Hot Lunch

Tue. Sept. 7 Hot Lunch  
Wed. Sept. 8 Hot Lunch  
Thur. Sept. 9 Hot Lunch  
Fri. Sept. 10 Hot Lunch

Mon. Sept. 13 Hot Lunch  
Tue. Sept. 14 Hot Lunch  
Wed. Sept. 15 Hot Lunch  
Thur. Sept. 16 Hot Lunch  
Fri. Sept. 17 Hot Lunch

Mon. Sept. 20 Hot Lunch  
Tue. Sept. 21 Hot Lunch  
Wed. Sept. 22 Hot Lunch  
Thur. Sept. 23 Hot Lunch  
Fri. Sept. 24 Hot Lunch

Mon. Sept. 27 Hot Lunch  
Tue. Sept. 28 Hot Lunch  
Wed. Sept. 29 Hot Lunch  
Thur. Sept. 30 Hot Lunch

Make Checks Payable to The Healthy Lunch Box  
281-444-8444 Tobie

# Northlands Christian Preschool School Lunch Menu: September 2010

*As prepared by The Healthy Lunch Box (281)444-8444*

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Holiday - No School	Hot: Spaghetti w/Meatsauce, Garden Salad w/Ranch, Fresh Fruit, 2% Milk	Hot: Hamburger Steak w/Gravy, Mashed Potatoes, Corn, Fresh Fruit, 2% Milk	Hot: Chicken Nuggets w/Ketchup, French Fries, Green Beans, Fresh Fruit, 2% Milk	Hot: Cheese or Pepperoni Pizza, Sweet Corn, Apple Sauce, 2% Milk																																																																																																											
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Hot: Cheeseburger (100% Beef), Mayo/Must/Ketch pkts, French Fries, Fresh Oranges, Bev.	Hot: Italian Lasagna, Garden Salad w/Ranch, Bread Stick, Fresh Fruit, 2% Milk	Hot: Chicken & Cheese Enchiladas; Mexican Rice; Black Beans, Fresh Fruit, 2% Milk	Hot: Chicken Strips, Gravy or Ketchup, Mashed Potatoes, Green Beans, Wheat Roll, 2% Milk	Hot: Cheese or Pepperoni Pizza, Sweet Corn, Apple Sauce, 2% Milk																																																																																																											
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>																																																																																																											
Hot: Chicken in Sauce w/Blended Rice, Mixed Vegetables, Fresh Fruit, 2% Milk	Hot: Cheesy Rigatoni Pasta w/Beef, Corn, Fresh Fruit, 2% Milk	Hot: Breaded Tilapia Fillet, Ketchup, Twice Baked Potatoes, Apple Slices, 2% Milk	Hot: Grilled Chicken Breast Strips, Ketchup, Mac & Cheese, Fresh Steamed Broccoli, Jello, 2% Milk	Hot: Cheese or Pepperoni Pizza, Sweet Corn, Apple Sauce, 2% Milk																																																																																																											
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>																																																																																																												
Hot: Mini Corn Dogs, Ketchup, Fresh Veggies w/Ranch, Fresh Fruit, 2% Milk	Hot: Curly Pasta w/Diced Chicken, White Sauce, Garden Salad w/Ranch, Apple Slices, 2% Milk	Hot: Grilled Cheese Sandwich, Tater Tots w/Ketchup, Mandrine Oranges, 2% Milk	Hot: Chicken Nuggets (white meat), Pan Gravy (made fresh) or Ketchup, Mashed Potatoes, Sweet Peas, Fresh Fruit, 2% Milk																																																																																																												

# Northlands Christian Preschool School Lunch Menu: August 2010

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<b>16</b> Hot: Chicken in Sauce w/Blended Rice,Mixed Vegetables, Fresh Fruit ,2% Milk	<b>17</b> Hot: Cheesy Rigatoni Pasta w/Beef,Corn,Fresh Fruit, 2% Milk	<b>18</b> Hot: Breaded Tilapia Fillet, Ketchup, Twice Baked Potatoes, Apple Slices, 2% Milk	<b>19</b> Hot: Grilled Chicken Breast Strips, Ketchup, Mac & Cheese, Fresh Steamed Broccoli, Jello, 2% Milk	<b>20</b> Hot: Cheese or Pepperoni Pizza, Sweet Corn,Apple Sauce, 2% Milk																																																																																																		
<b>23</b> Hot:Mini Corn Dogs, Ketchup, Fresh Veggies w/Ranch, Fresh Fruit, 2% Milk	<b>24</b> Hot: Curly Pasta w/Diced Chicken, White Sauce, Garden Salad w/Ranch, Apple Slices, 2% Milk	<b>25</b> Hot: Grilled Cheese Sandwich, Tater Tots w/Ketchup,Mandrine Oranges , 2% Milk	<b>26</b> Hot: Chicken Nuggets(white meat), Pan Gravy (made fresh) or Ketchup, Mashed Potatoes, Sweet Peas, Fresh Fruit, 2% Milk	<b>27</b> Hot: Cheese or Pepperoni Pizza, Sweet Corn,Apple Sauce, 2% Milk																																																																																																		
<b>30</b> Hot: Turkey Hot Dog w/choice of Ketch/Must/Chili/Cheddar Cheese, Diced Hashbrowns, Apple Slices, 2% Milk	<b>31</b> Hot: Steak Fingers, Gravy or Ketchup, Brown Rice, Green Beans, Fresh Fruit,2% Milk	<table border="1" style="margin: auto; border-collapse: collapse;"> <thead> <tr> <th colspan="7">Jul 2010</th> </tr> <tr> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> </tr> <tr> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> <td>11</td> </tr> <tr> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> <td>18</td> </tr> <tr> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> </tr> <tr> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td>31</td> <td></td> </tr> </tbody> </table> <table border="1" style="margin: auto; border-collapse: collapse;"> <thead> <tr> <th colspan="7">Sep 2010</th> </tr> <tr> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> </tr> <tr> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> <td>11</td> <td>12</td> </tr> <tr> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> <td>18</td> <td>19</td> </tr> <tr> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> <td>26</td> </tr> <tr> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td></td> <td></td> <td></td> </tr> </tbody> </table>			Jul 2010							M	T	W	T	F	S	S				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		Sep 2010							M	T	W	T	F	S	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30			
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